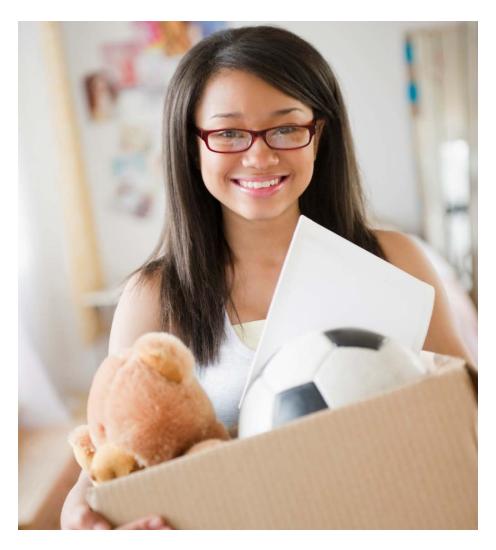
# **Aetna Student Health**



# Plan Design and Benefits Summary Missouri University of Science & Technology – International Students

**Policy Year: 2016 - 2017 Policy Number: 890441** 





# **Special Missouri Notice**

An enrollee who is a member of a group health plan with coverage for elective abortions has the right to exclude and not pay for coverage for elective abortions if such coverage is contrary to his or her moral, ethical or religious beliefs.

Your group contract holder has not purchased an optional rider for elective abortions pursuant to VAMS section 376.805.

This is a brief description of the Student Health Plan. The Plan is available for University of Missouri System students and their eligible dependents. The Plan is underwritten by Aetna Life Insurance Company (Aetna). The exact provisions governing this insurance, including definitions, are contained in the Master Policy issued to the University of Missouri System and may be viewed online at **www.aetnastudenthealth.com**. If any discrepancy exists between this Benefit Summary and the Policy, the Master Policy will govern and control the payment of benefits.

# **Coverage Periods**

**Students:** Coverage for all insured students enrolled for coverage in the Plan is for the following Coverage Periods. Coverage will become effective at 12:01 AM on the Coverage Start Date indicated below and will terminate at 11:59 PM on the Coverage End Date indicated.

Coverage Period	Coverage Start Date	Coverage End Date	Enrollment/Waiver Deadline
Annual	08/01/2016	07/31/2017	09/09/2016
Fall	08/01/2016	12/31/2016	09/09/2016
Spring/Summer	01/01/2017	07/31/2017	02/10/2017
Summer	06/01/2017	07/31/2017	06/09/2017

**Eligible Dependents**: Coverage for dependents eligible under the Plan is for the following Coverage Periods. Coverage will become effective at 12:01 AM on the Coverage Start Date indicated below and will terminate at 11:59 PM on the Coverage End Date indicated. Coverage for insured dependents terminates in accordance with the Termination Provisions described in the Master Policy.

Coverage Period	Coverage Start Date	Coverage End Date	Enrollment Deadline
Annual	08/01/2016	07/31/2017	09/09/2016
Fall	08/01/2016	12/31/2016	09/09/2016
Spring/Summer	01/01/2017	07/31/2017	02/10/2017
Summer	06/01/2017	07/31/2017	06/09/2017

#### **Rates**

The rates below include both premiums for the Plan underwritten by Aetna Life Insurance Company (Aetna) as well as the Missouri University of Science & Technology administrative fee.

Premium Rates				
Coverage Period	Annual	Fall	Spring/Summer	Summer
Student	\$1,503	\$630	\$873	\$251
Student & Spouse	\$3,006	\$1,260	\$1,746	\$502
Student & Child(ren)	\$3,006	\$1,260	\$1,746	\$502
Student, Spouse & Child(ren)	\$4,509	\$1,890	\$2,619	\$753

#### **Student Coverage**

#### Eligibility

All international students, faculty, scholars and Optional Practical Training/Academic Training (OPT) participants holding F or J visas who are engaged full-time in international education or research activities outside their home country or country of regular domicile as non-resident aliens and who have not been awarded permanent residency are eligible for this coverage.

Distance learning students taking home study, correspondence or television courses are not eligible to enroll in the Plan. If it is discovered that this eligibility requirement has not been met, our only obligation is to refund premium, less any claims paid.

#### **Enrollment**

All F-1 students and J-1 visa students will be automatically enrolled in the mandatory health insurance provided through the University of Missouri. For academically enrolled students, charges for each insurance enrollment term will be applied to your student account. For students at the Applied Language Institute, payment is required at the beginning of each insurance term.

J-1 visa students whose spouse and/or children are living in the United States are required to carry health insurance for their dependents as well.

If you are participating as a research scholar or are on an OPT/Academic Training you will enroll by completing enrollment forms located in the Office of International and Cultural Affairs and providing a credit card number for payment.

#### **Medicare Notice**

A person eligible for Medicare at the time of enrollment under the Policyholder's plan is <u>not</u> eligible for medical expense coverage and prescribed medicines expense coverage. If a covered person becomes eligible for Medicare after he or she is enrolled in the Policyholder's plan, such Medicare eligibility will not result in the termination of medical expense coverage and prescribed medicines expense coverage under the plan.

As used within this provision, persons are "eligible for Medicare" if they are entitled to benefits under Part A (receiving free Part A) or enrolled in Part B or Premium Part A.

# **Dependent Coverage**

#### **Eligibility**

Covered students may also enroll their lawful spouse and/or dependent children up to the age of 26.

#### **Enrollment**

To enroll the dependent(s) of a covered student, please complete the Enrollment Form from the International and Cultural Affairs Office or by visiting **www.aetnastudenthealth.com/mst** and clicking on the Enroll: Dependents of International Students link in the center or on the right hand side of the Welcome page.

Please refer to the Coverage Periods section of this document for coverage dates and deadline dates. Dependent enrollment applications will not be accepted after the enrollment deadline, unless there is a significant life change that directly affects their insurance coverage. (An example of a significant life change would be loss of health coverage under another health plan). The completed Enrollment Form and premium must be sent to Aetna Student Health. Please contact the Office of International and Cultural Affairs or customer service at **(877) 375-7905** to request an Enrollment Form.

#### **Preferred Provider Network**

Aetna Student Health has arranged for you to access a Preferred Provider Network in your local community. To maximize your savings and reduce your out-of-pocket expenses, select a Preferred Provider. It is to your advantage to use a Preferred Provider because savings may be achieved from the Negotiated Charges these providers have agreed to accept as payment for their services.

If a service or supply that a covered person needs is covered under the Plan but not available from a Preferred Care Provider, covered persons should contact Member Services for assistance at the toll-free number on the back of the ID card. In this situation, Aetna may issue a pre-approval for a covered person to obtain the service or supply from a Non-Preferred Care Provider. When a pre-approval is issued by Aetna, covered medical expenses are reimbursed at the Preferred Care network level of benefits.

# **Pre-certification Program**

Your Plan requires pre-certification for certain inpatient stays. Pre-certification simply means calling Aetna Student Health prior to treatment to get approval for coverage under your Plan for a medical procedure or service. For preferred care and designated care, the preferred care or designated care provider is responsible for obtaining pre-certification Since pre-certification is the preferred care or designated care provider's responsibility, there is no additional out-of-pocket cost to you as a result of a designated care provider's or a preferred care provider's failure to pre-certify services. For non-preferred care, you are responsible for obtaining pre-certification which can be initiated by you, a member of your family, a hospital staff member or the attending physician. The pre-certification process can be initiated by calling Aetna at the telephone number listed on your ID card.

Aetna will not retroactively reduce or terminate a previously approved service or supply unless:

- Such authorization is based on a material misrepresentation or omission about the treated or cause of the health condition or
- The plan terminated before services are provided; or
- Coverage terminated before the services were provided.

If you do not secure pre-certification for the below listed inpatient covered medical services and supplies obtained from a non-preferred provider your covered medical expenses will be subject to a \$500 per service, treatment, procedure, visit, or supply benefit reduction.

### Pre-certification for the following inpatient services or supplies is needed:

- All inpatient maternity and newborn care, after the initial 48 hours for a vaginal delivery or 96 hours for a cesarean section;
- Inpatient Confinements (surgical and non-surgical); hospital, skilled nursing facility, rehabilitation facility, residential treatment facility for mental disorders and substance abuse, hospice care;
- Inpatient mental disorders treatment;
- Inpatient substance abuse treatment.

#### Pre-certification DOES NOT guarantee the payment of benefits for your inpatient stays

Each claim is subject to medical policy review, in accordance with the exclusions and limitations contained in the Certificate of Coverage. The Certificate of Coverage also includes information regarding your eligibility criteria, notification guidelines, and benefit coverage.

#### Pre-certification of non-emergency admissions

Non-emergency admissions must be requested at least **fifteen (15) days** prior to the date they are scheduled to be admitted.

# Pre-certification of immediate post-stabilization or post-evaluation admission after receiving emergency services

Emergency admissions must be requested within **twenty-four (24) hours** or as soon as reasonably possible after the admission

Aetna will notify you of an emergency care claim authorization decision for immediate post-evaluation or post-stabilization services as soon as possible, but not later than 60 minutes of receiving a request. If the authorization is not made within 30 minutes, such services will be deemed approved.

#### Pre-certification of urgent admissions

Urgent admissions must be requested before you are scheduled to be admitted.

#### Pre-certification of prenatal care and delivery

Prenatal care medical services must be requested as soon as possible after the attending physician confirms pregnancy. Delivery medical services, which exceed the first 48 hours after delivery for a routine delivery and 96 hours for a cesarean delivery, must be requested within twenty-four (24) hours of the birth or as soon thereafter as possible.

#### Access to Obstetrical and Gynecological (Ob/Gyn) Care

You do not need pre-certification from **Aetna** or from any other person (including a Primary Care Provider) in order to obtain access or make an appointment to receive obstetrical or gynecological care from a health care professional in Aetna's Network who specializes in obstetrics or gynecology. The health care professional, however, may recommend certain elective medical procedures that may require pre-certification. Preventive care services do not require precertification.

Please see the "Pre-certification" provision in the Certificate of Coverage for a list of services under the Plan that require pre-certification. Please see the Schedule of Benefits for any penalty or benefit reduction that may apply to your coverage when pre-certification is not obtained for the listed services or supplies when received from a non-preferred care provider.

# Missouri University of Science & Technology – Student Health Services (SHS)

The student health insurance plan is designed to work with your campus student health center. Out-of-pocket costs are generally lower at the student health center and the location is ideal for students to seek care.

The Missouri University of Science & Technology Student Health Services (SHS) is the University's on campus health facility. The SHS is committed to providing quality health care for all students. The SHS offers services such as medical care and counseling services and other wellness services and it's all in the Student Health Complex.

Here are some of the services offered:

- Shots (immunizations)
- Physicals
- Well woman exams
- Counseling Services
- Sick visits

Call (573) 341-4284 to set up an appointment.

# **Description of Benefits**

The Plan excludes coverage for certain services and contains limitations on the amounts it will pay. While this Plan Design and Benefits Summary document will tell you about some of the important features of the Plan, other features may be important to you and some may further limit what the Plan will pay. To look at the full Plan description, which is contained in the Master Policy issued to University of Missouri System, you may access it online at www.aetnastudenthealth.com. If any discrepancy exists between this Benefit Summary and the Policy, the Master Policy will govern and control the payment of benefits. All coverage is based on Recognized Charges unless otherwise specified.

This Plan will pay benefits in accordance with any applicable Missouri Insurance Law(s).

Metallic Level: Gold, Tested at 80.40%

DEDUCTIBLE	Preferred Care	Non-Preferred Care
The policy year deductible is waived for preferred care covered medical expenses that apply to Preventive Care Expense benefits.	Individual: \$300 per Policy Year	Individual: \$300 per Policy Year
In compliance with Missouri state mandate(s) the policy year deductible is also waived for:		
<ul> <li>Immunizations for children under five years of age.</li> </ul>		
Pervisit or admission Deductibles do not apply towards satisfying the Policy Year Deductible.		
*Annual Deductible does not apply to these services		

COINSURANCE	Preferred Care	Non-Preferred Care
Coinsurance is both the percentage of covered medical expenses that the plan pays, and the percentage of covered medical expenses that you pay. The percentage that the plan pays is referred to as "plan coinsurance" or the "payment percentage," and varies by the type of expense. Please refer to the Schedule of Benefits for specific information on coinsurance amounts.	Covered Medical Expenses are payable at the plan coinsurance percentage specified below after any applicable Deductible.	
OUT-OF-POCKET MAXIMUMS Once the Individual or Family Out-of-Pocket Limit has been satisfied, Covered Medical Expenses will be payable at 100% for the remainder of the Policy Year. The following expenses do not apply toward meeting the plan's preferred and non-preferred care out-of-pocket limits:	Individual Out-of- Pocket: \$6,350 per Policy Year Family Out-of-Pocket:	Individual Out-of- Pocket: N/A Family Out-of-Pocket:
<ul> <li>Non-covered medical expenses; and</li> <li>Expenses that are not paid or pre-certification benefit reductions or penalties because a required pre-certification for the service(s) or supply was not obtained from Aetna.</li> </ul>	\$12,700 perPolicy Year	N/A
INPATIENT HOSPITALIZATION BENEFITS	Preferred Care	Non-Preferred Care
Room and Board Expense The covered room and board expense does not include any charge in excess of the daily room and board maximum.	After a \$200 Copay per admission, 80% of the Negotiated Charge	50% of the Recognized Charge for a semi-private room
Intensive Care The covered room and board expense does not include any charge in excess of the daily room and board maximum.	After a \$200 Copay per admission, 80% of the Negotiated Charge	50% of the Recognized Charge
Miscellaneous Hospital Expense Includes but not limited to: operating room, laboratory tests/X rays, oxygen tent, drugs, medicines and dressings.	80% of the Negotiated Charge	50% of the Recognized Charge
Licensed Nurse Expense Includes charges incurred by a covered person who is confined in a hospital as a resident bed patient and requires the services of a registered nurse or licensed practical nurse.	80% of the Negotiated Charge	50% of the Recognized Charge
Well Newborn Nursery Care	80% of the Negotiated Charge	50% of the Recognized Charge
Non-Surgical Physicians Expense Includes hospital charges incurred by a covered person who is confined as an inpatient in a hospital for a surgical procedure for the services of a physician who is not the physician who may have performed surgery on the covered person.	80% of the Negotiated Charge	50% of the Recognized Charge
SURGICAL EXPENSES	Preferred Care	Non-Preferred Care
Surgical Expense (Inpatient and Outpatient) When injury or sickness requires two or more surgical procedures which are performed through the same approach, and at the same time or immediate succession, covered medical expenses only include expenses incurred for the most expensive procedure.	80% of the Negotiated Charge	50% of the Recognized Charge

SURGICAL EXPENSES (continued)	Preferred Care	Non-Preferred Care
Anesthesia Expense (Inpatient and Outpatient)	80% of the	50% of the
If, in connection with such operation, the covered person requires the services of an anesthetist who is not employed or retained by the hospital in which the operation is performed, the expenses incurred will be Covered Medical Expenses.  Includes an esthesia for certain dental services listed under the	Negotiated Charge	Recognized Charge
Anesthesia and Hospital Charges for Dental Care section of the		
Certificate of Coverage.		
Assistant Surgeon Expense (Inpatient and Outpatient)	80% of the Negotiated Charge	50% of the Recognized Charge
OUTPATIENT EXPENSES	Preferred Care	Non-Preferred Care
Physician or Specialist Office Visit Expense	Aftera \$20 Copay	50% of the
Includes the charges made by the physician or specialist if a covered person requires the services of a physician or specialist in the physician's or specialist's office while not confined as an inpatient in a hospital.	per visit, 80% of the Negotiated Charge	Recognized Charge
Laboratory and X-ray Expense	80% of the	50% of the
	Negotiated Charge	Recognized Charge
Hospital Outpatient Department Expense	80% of the	50% of the
	Negotiated Charge	Recognized Charge
Therapy Expense	80% of the	50% of the
Covered medical expenses include charges incurred by a covered person for the following types of therapy provided on an outpatient basis:	Negotiated Charge	Recognized Charge
Radiation therapy;		
<ul> <li>Inhalation therapy;</li> <li>Chemotherapy, including anti-nausea drugs used in conjunction with the chemotherapy;</li> </ul>		
<ul> <li>Kidney dialysis; and</li> <li>Respiratory therapy.</li> <li>Important Note: Coverage for orally administered anti-cancer medication will be provided under the same terms and conditions as intravenously administered or injected anti-cancer medication.</li> </ul>		
Pre-Admission Testing Expense	80% of the	50% of the
Includes charges incurred by a covered person for pre-admission testing charges made by a hospital, surgery center, licensed diagnostic lab facility, or physician, in its own behalf, to test a person while an outpatient before scheduled surgery.	Negotiated Charge	Recognized Charge
Ambulatory Surgical Expense	80% of the	50% of the
Covered medical expenses include expenses incurred by a covered person for outpatient surgery performed in an ambulatory surgical center. Covered medical expenses must be incurred on the day of the surgery or within 24 hours after the surgery.	Negotiated Charge	Recognized Charge
Walk-in Clinic Visit Expense	After a \$20 Copay pervisit, 80% of the Negotiated Charge	50% of the Recognized Charge

OUTPATIENT EXPENSES (continued)	Preferred Care	Non-Preferred Care
Emergency Room Expense	Aftera \$100 Copay	Paid the same as the
Covered medical expenses incurred by a covered person for services received in the emergency room of a hospital while the covered person is not a full-time inpatient of the hospital. The treatment received must be emergency care for an emergency medical condition. There is no coverage for elective treatment, routine care or care for a non-emergency sickness. As to emergency care incurred for the treatment of an emergency medical condition or psychiatric condition, any expenses incurred for non-preferred care will be paid at the same cost-sharing level as if they had been incurred for preferred care.	pervisit (waived if admitted), 80% of the Negotiated Charge	Preferred Care level of coverage.
Important Notice:		
A separate hospital emergency room visit benefit copay applies for each visit to an emergency room for emergency care. If a covered person is admitted to a hospital as an inpatient immediately following a visit to an emergency room, the emergency room visit benefit deductible or copay is waived.		
Covered medical expenses that are applied to the emergency room visit benefit deductible or copay cannot be applied to any other benefit deductible or copay under the plan. Likewise, covered medical expenses that are applied to any of the plan's other benefit deductibles or copays cannot be applied to the emergency room visit benefit deductible or copay.		
Separate benefit deductibles or copays may apply for certain services rendered in the emergency room that are not included in the hospital emergency room visit benefit. These benefit deductibles or copays may be different from the hospital emergency room visit benefit deductible or copay, and will be based on the specific service rendered.		
Similarly, services rendered in the emergency room that are not included in the hospital emergency room visit benefit may be subject to coinsurance rates that are different from the coinsurance rate applicable to the hospital emergency room visit benefit.		
Important Note: Please note that Non-Preferred Care Providers do not have a contract with Aetna; the provider may not accept payment of your cost share (your deductible and coinsurance) as payment in full. You may receive a bill for the difference between the amount billed by the provider and the amount paid by this Plan. If the provider bills you for an amount above your cost share, you are not responsible for paying that amount. Please send Aetna the bill at the address listed on the back of your member ID card and Aetna will resolve any payment dispute with the provider over that amount. Make sure your member ID number is on the bill.		

OUTPATIENT EXPENSES (continued)	Preferred Care	Non-Preferred Care
Durable Medical and Surgical Equipment Expense	80% of the	50% of the
Durable medical and surgical equipment would include:	Negotiated Charge	Recognized Charge
Artificial arms and legs; including accessories;		
<ul> <li>Arm, back, neck braces, leg braces; including attached shoes (but not corrective shoes);</li> </ul>		
Surgical supports;		
Scalp hair prostheses required as the result of hair loss due to		
injury; sickness; or treatment of sickness; and		
Head halters.		

#### **PREVENTIVE CARE EXPENSES**

Preventive Care is services provided for a reason other than to diagnose or treat a suspected or identified sickness or injury and rendered in accordance with the guidelines provided by the following agencies:

- Evidence-based items that have in effect a rating of A or B in the current recommendations of the United States Preventive Services Task Force uspreventive services task force.org.
- Services as recommended in the American Academy of Pediatrics/Bright Futures Guidelines for Children and Adolescents <a href="http://brightfutures.aap.org/">http://brightfutures.aap.org/</a>.
- For females, screenings and counseling services as provided for in the comprehensive guidelines recommended by the Health Resources and Services Administration http://www.hrsa.gov/index.html.

the health resources and services Administration <u>ittp://www.nrsa</u>	a.gov/index.ntmi.	
PREVENTIVE CARE EXPENSES	Preferred Care	Non-Preferred Care
Routine Physical Exam	100% of the	70% of the
Includes routine vision & hearing screenings given as part of the	Negotiated Charge*	Recognized Charge
routine physical exam.		
Preventive Care Immunizations	100% of the	70% of the
Covered 100% for children up to 5 years of age. Deductible and	Negotiated Charge*	Recognized Charge
coinsurance applies thereafter.		
Well Woman Preventive Visits	100% of the	70% of the
Routine well woman preventive exam office visit, including Pap	Negotiated Charge*	Recognized Charge
smears.		
Preventive Care Screening and Counseling Services for Sexually	100% of the	70% of the
Transmitted Infections	Negotiated Charge*	Recognized Charge
Includes the counseling services to help a covered person prevent or		
reduce sexually transmitted infections.		
Preventive Care Screening and Counseling Services for Obesity	100% of the	70% of the
and/or Healthy Diet	Negotiated Charge*	Recognized Charge
Screening and counseling services to aid in weight reduction due to		
obesity. Coverage includes:		
<ul> <li>Preventive counseling visits and/or risk factor reduction</li> </ul>		
intervention;		
Nutritional counseling; and		
Healthy diet counseling visits provided in connection with		
Hyperlipidemia (high cholesterol) and other known risk factors for		
cardiovascular and diet-related chronic disease.		
Preventive Care Screening and Counseling Services for Misuse of	100% of the	70% of the
Alcohol and/or Drugs	Negotiated Charge*	Recognized Charge
Screening and counseling services to aid in the prevention or		
reduction of the use of an alcohol agent or controlled substance.		
Coverage includes preventive counseling visits, risk factor reduction		
intervention and a structured assessment.		

PREVENTIVE CARE EXPENSES (continued)	Preferred Care	Non-Preferred Care
Preventive Care Screening and Counseling Services for Use of	100% of the	70% of the
Tobacco Products	Negotiated Charge*	Recognized Charge
Screening and counseling services to aid a covered person to stop the		
use of tobacco products.		
Coverage includes:		
Preventive counseling visits;		
Treatment visits; and		
Class visits; to aid a covered person to stop the use of tobacco		
products.		
Tobacco product means a substance containing tobacco or nicotine		
including:		
Cigarettes;		
Cigars;		
Smoking tobacco;		
Snuff;		
Smokeless tobacco; and		
Candy-like products that contain tobacco.		
Preventive Care Screening and Counseling Services for Depression	100% of the	70% of the
Screening	Negotiated Charge*	Recognized Charge
Screening or test to determine if depression is present.		
Preventive Care Routine Cancer Screenings	100% of the	70% of the
Covered expenses include but are not limited to: Pap smears;	Negotiated Charge*	Recognized Charge
Mammograms; Fecal occult blood tests; Digital rectal exams;		
Prostate specific antigen (PSA) tests; Sigmoidoscopies; Double		
contrast barium enemas (DCBE); Colonoscopies (removal of polyps		
performed during a screening procedure is a covered medical		
expense); and Lung cancer screenings.		
Preventive Care Screening and Counseling Services for Genetic Risk	100% of the	70% of the
for Breast and Ovarian Cancer	Negotiated Charge*	Recognized Charge
Covered medical expenses include the counseling and evaluation		
services to help assess a covered person's risk of breast and ovarian		
cancer susceptibility.	4000/ 511	700/ 511
Preventive Care Prenatal Care	100% of the	70% of the
Coverage for prenatal care under this Preventive Care Expense	Negotiated Charge*	Recognized Charge
benefit is limited to pregnancy-related physician office visits including		
the initial and subsequent history and physical exams of the pregnant		
woman (maternal weight, blood pressure, fetal heart rate check, and		
fundal height).		
Refer to the Maternity Expense benefit for more information on		
coverage for maternity expenses under the Policy, including other		
prenatal care, delivery and postnatal care office visits.		
Preventive Care Lactation Counseling Services	100% of the	70% of the
Lactation support and lactation counseling services are covered	Negotiated Charge*	Recognized Charge
medical expenses when provided in either a group or individual		
setting.	4000/ - 511	700/ - 5:1
Preventive Care Breast Pumps and Supplies	100% of the	70% of the
	Negotiated Charge*	Recognized Charge

PREVENTIVE CARE EXPENSES (continued)	Preferred Care	Non-Preferred Care
Preventive Care Female Contraceptive Counseling Services,	100% of the	70% of the
Preventive Care Female Contraceptive Generic, Brand Name,	Negotiated Charge*	Recognized Charge
Biosimilar Prescription Drugs and Devices provided, administered,		
or removed, by a Physician during an Office Visit, Preventive Care		
Female Voluntary Sterilization (Inpatient), Preventive Care Female		
Voluntary Sterilization (Outpatient)		
Includes counseling services on contraceptive methods provided by a		
physician, obstetrician or gynecologist. Such counseling services are		
covered medical expenses when provided in either a group or		
individual setting.		
Voluntary Sterilization		
Includes charges billed separately by the provider for female		
voluntary sterilization procedures & related services & supplies		
including, but not limited to, tubal ligation and sterilization implants.		
Covered medical expenses under this benefit would not include		
charges for a voluntary sterilization procedure to the extent that the		
procedure was not billed separately by the provider or because it was		
not the primary purpose of a confinement.		
Contraceptives can be paid either under this benefit or the		
prescribed medicines expense depending on the type of expense and		
how and where the expense is incurred. Benefits are paid under this		
benefit for female contraceptive prescription drugs and devices		
(including any related services and supplies) when they are provided,		
administered, or removed, by a physician during an office visit.		
OTHER FAMILY PLANNING SERVICES EXPENSE	Preferred Care	Non-Preferred Care
Voluntary Sterilization for Males (Outpatient)	_	o the type of benefit
Covered medical expenses include charges for certain family planning	· ·	e where the service is
services, even though not provided to treat a sickness or injury as	rece	ived.
follows.		
AMBULANCE EXPENSE	Preferred Care	Non-Preferred Care
Ground, Air, Water and Non-Emergency Ambulance	80% of the	80% of the
Includes charges incurred by a covered person for the use of a	Negotiated Charge	Recognized Charge
professional ambulance in an emergency. Covered medical expenses for the service are limited to charges for ground transportation to the		
nearest hospital equipped to render treatment for the condition. Air		
transportation is covered only when medically necessary.		
ADDITIONAL BENEFITS	Preferred Care	Non-Preferred Care
Allergy Testing and Treatment Expense		o the type of benefit
Includes charges incurred by a covered person for diagnostic testing	_	e where the service is
and treatment of allergies and immunology services.	•	ived.
Diagnostic Testing For Learning Disabilities Expense	Covered according t	o the type of benefit
Covered medical expenses include charges incurred by a covered	_	e where the service is
person for diagnostic testing for:	•	ived.
Attention deficit disorder; or		
Attention deficit hyperactive disorder.		
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ADDITIONAL BENEFITS (continued)	Preferred Care	Non-Preferred Care
High Cost Procedures Expense Includes charges incurred by a covered person as a result of certain high cost procedures provided on an outpatient basis. Covered medical expenses for high cost procedures include; but are not limited to; charges for the following procedures and services:  • Computerized Axial Tomography (C.A.T.) scans;  • Magnetic Resonance Imaging (MRI); and  • Positron Emission Tomography (PET) Scans.	80% of the Negotiated Charge	50% of the Recognized Charge
Urgent Care Expense from an Urgent Care Facility Covered medical expenses include charges incurred by a covered person for an urgent care provider to evaluate and treat an urgent condition.	80% of the Negotiated Charge	50% of the Recognized Charge
Dental Expense for Impacted Wisdom Teeth Includes charges incurred by a covered person for services of a dentist or dental surgeon for removal of one or more impacted wisdom teeth. Not more than the Maximum Benefit will be paid.	80% of the Actual Charge	80% of the Actual Charge
Includes expenses for the treatment of: the mouth; teeth; and jaws; but only those for services rendered and supplies needed for the following treatment of; or related to conditions; of the:  • mouth; jaws; jaw joints; or • supporting tissues; (this includes: bones; muscles; and nerves).		
Accidental Injury to Sound Natural Teeth Expense Covered medical expenses include charges incurred by a covered person for services of a dentist or dental surgeon as a result of an injury to sound natural teeth.	80% of the Actual Charge	80% of the Actual Charge
Non-Elective Second Surgical Opinion Expense	80% of the Negotiated Charge	50% of the Recognized Charge
Consultant Expense Includes the charges incurred by covered person in connection with the services of a consultant. The services must be requested by the attending physician to confirm or determine a diagnosis.  Coverage may be extended to include treatment by the consultant.	After a \$20 Copay pervisit, 80% of the Negotiated Charge	50% of the Recognized Charge
Skilled Nursing Facility Expense	After a \$200 Copay per admission, 80% of the Negotiated Charge	50% of the Recognized Charge
<b>Rehabilitation Facility Expense</b> Includes charges incurred by a covered person for confinement as a full time inpatient in a rehabilitation facility.	After a \$200 Copay per admission, 80% of the Negotiated Charge	50% of the Recognized Charge

ADDITIONAL BENEFITS (continued)	Preferred Care	Non-Preferred Care
<ul> <li>Home Health Care Expense</li> <li>Covered medical expenses will not include:</li> <li>Services by a person who resides in the covered person's home, or is a member of the covered person's immediate family</li> <li>Homemaker or housekeeper services;</li> <li>Maintenance therapy;</li> <li>Dialysis treatment;</li> <li>Purchase or rental of dialysis equipment;</li> <li>Food or home delivered services; or</li> <li>Custodial care.</li> </ul>	80% of the Negotiated Charge	50% of the Recognized Charge
Temporomandibular Joint Dysfunction Expense Covered medical expenses include physician's charges incurred by a covered person for Temporomandibular Joint (TMJ) Dysfunction.	incurred and the plac	to the type of benefit the where the service is eived.
Dermatological Expense Includes physician's charges incurred by a covered person for the diagnosis and treatment of skin disorders. Unless specified above, not covered under this benefit are charges incurred for:  • Treatment for acne; or  • Cosmetic treatment and procedures.	After a \$20 Copay pervisit, 80% of the Negotiated Charge	50% of the Recognized Charge
Prosthetic Devices Expense. All Other Prosthetic Devices Includes charges made for internal and external prosthetic devices and special appliances, as prescribed by a physician for a device or appliance that improves or restores body part function that has been lost or damaged by sickness, injury or congenital defect. Covered medical expenses also include instruction and incidental supplies needed to use a covered prosthetic device.	80% of the Negotiated Charge	50% of the Recognized Charge
The plan covers prosthesis a covered person needs that temporarily or permanently replaces all or part of an body part lost or impaired as a result of sickness or injury or congenital defects as described in the list of covered devices below for an:  Internal body part or organ; or  External body part.  Covered medical expenses also include replacement of a prosthetic device as prescribed by a physician, if:  The replacement is needed because of a change in the covered person's physical condition; or normal growth or wear and tear;		
<ul> <li>It is likely to cost less to buy a new one than to repair the existing one; or</li> <li>The existing one cannot be made serviceable.</li> <li>The list of covered devices includes, but is not limited to:</li> <li>An artificial arm, leg, hip, knee or eye;</li> <li>Eye lens;</li> <li>An external breast prosthesis and the first bra made solely for use with it after a mastectomy;</li> </ul>		

ADDITIONAL BENEFITS (continued)	Preferred Care	Non-Preferred Care
Prosthetic Devices Expense. All Other Prosthetic Devices	80% of the	50% of the
(continued)	Negotiated Charge	Recognized Charge
A breast implant after a mastectomy; No time limit will be	0::::::::::::::::::::::::::::::::::::::	
imposed for the receipt of related prosthetic devices following a		
mastectomy;		
Ostomy supplies, urinary catheters and external urinary collection		
devices;		
Speech generating device;		
<ul> <li>Orthopedic shoes; foot orthotics; or other devices to support the</li> </ul>		
feet [but only when required for the treatment of, or to prevent		
complications of, diabetes];		
A cardiac pacemaker and pacemaker defibrillators;		
A durable brace that is custom made for and fitted for the		
covered person;		
Wigs (the first one following cancer treatment, not to exceed one		
per calendar year)		
Podiatric Expense	Covered according t	o the type of benefit
Includes charges incurred by a covered person for podiatric services;	_	e where the service is
provided on an outpatient basis following an injury. Unless specified	·	ived.
above, not covered under this benefit are charges incurred for		
routine foot care, such as trimming of corns, calluses, and nails.	Cavarad aggarding t	a tha tuna of hanafit
Hypodermic Needles Expense	_	o the type of benefit
Includes expenses incurred by a covered person for hypodermic	·	e where the service is
needles and syringes.	received.  Covered according to the type of benefit	
Maternity Expense Covered Medical Expenses for pregnancy, childbirth, and	_	
complications of pregnancy are payable on the same basis as any	incurred and the place where the service is	
other Sickness. In the event of an inpatient confinement, such	received.	
benefits would be payable for inpatient care of the Covered Person,		
and any newborn child, for a minimum of 48 hours after a vaginal		
delivery and for a minimum of 96 hours after a cesarean delivery.		
Any decision to shorten such minimum coverages shall be made by		
the attending Physician in consultation with the mother and done in		
accordance with the rules and regulations promulgated by State		
Mandate. Covered medical expenses may include home visits, parent		
education, and assistance and training in breast or bottle-feeding.		
Non-Prescription Enteral Formula Expense	80% of the	50% of the
Includes charges incurred by a covered person, for non-prescription	Negotiated Charge	Recognized Charge
enteral formulas for which a physician has issued a written order, and		
are for the treatment of malabsorption caused by:		
Crohn's Disease;		
Ulcerative colitis;		
Gastroesophageal reflux;		
Gastrointestinal motility;		
Chronic intestinal pseudo obstruction; and		
<ul> <li>Inherited diseases of amino acids and organic acids.</li> </ul>		
Covered medical expenses for inherited diseases of amino acids; and		
organic acids; will also include food products modified to be low		
protein.		
<u> </u>		

ADDITIONAL BENEFITS (continued)	Preferred Care	Non-Preferred Care
Acupuncture in Lieu of Anesthesia Expense	80% of the	50% of the
Includes charges incurred by a covered person for acupuncture therapy when acupuncture is used in lieu of other anesthesia for a surgical or dental procedure covered under this Plan. The acupuncture must be administered by a health care provider who is a legally qualified physician; practicing within the scope of their license.	Negotiated Charge	Recognized Charge
Transfusion or Kidney Dialysis of Blood Expense Includes charges incurred by a covered person for the transfusion or kidney dialysis of blood, including the cost of: Whole blood; blood components; and the administration of whole blood and blood components.	80% of the Negotiated Charge	50% of the Recognized Charge
Hospice Expense	80% of the Negotiated Charge	50% of the Recognized Charge
<b>Private Duty Nursing</b> Includes private duty nursing services provided by an R.N. or L.P.N. if the covered person's condition requires skilled nursing care and visiting nursing care is not adequate.	80% of the Negotiated Charge	50% of the Recognized Charge
(Coverage is limited to: Covered persons to age 6)  Covered medical expenses include charges incurred for nutritional supplements (formulas and low protein modified food products) as needed for the treatment of phenylketonuria or an inherited disease of amino and organic acids, branched-chain ketonuria, galactosemia and homocystinuria as administered under the direction of a physician.  The covered expenses must be incurred by a covered child under the age of 6.  For purposes of this benefit, "low protein modified food product" means foods that are specifically formulated to have less than one gram of protein per serving and are intended to be used under the direction of a physician for the dietary treatment of any inherited metabolic disease. Low protein modified food products do not include foods that are naturally low in protein.	incurred and the place received; not to exceived; not to exceive formula o	to the type of benefit ce where the service is eed 50% of the cost of r food products.
Osteoporosis (bone mass measurement) Covered medical expenses include the diagnosis, treatment and management of osteoporosis by a physician for individuals with a condition or medical history that requires bone mass measurement. The services include Food and Drug Administration approved technologies, including bone mass measurement.	incurred and the place	to the type of benefit ce where the service is eived.
Diabetes Benefit Expense Includes charges for services, supplies, equipment, & training for the treatment of insulin and non-insulin dependent diabetes & elevated blood glucose levels during pregnancy. Self-management training provided by a licensed health care provider certified in diabetes self-management training.	incurred and the place	to the type of benefit ce where the service is eived.

ADDITIONAL BENEFITS (continued)	Preferred Care Non-Preferred Care	
Reconstructive Breast Surgery Expense Covered medical expenses include reconstruction of the breast on which a mastectomy was performed, including an implant and areolar reconstruction. Also included is surgery on a healthy breast to make it symmetrical with the reconstructed breast and physical therapy to treat complications of mastectomy, including lymphedema; and breast prosthesis. No time limit will be imposed for reconstructive surgery for breast reconstruction and the receipt of related prosthetic devices following a mastectomy.	Covered according to the type of benefit incurred and the place where the service is received.	
Autism Spectrum Disorder Expense Includes charges incurred for services and supplies required for the diagnosis & treatment of autism spectrum disorder when ordered by a physician or behavioral health provider as part of a treatment plan.	Covered according to the type of benefit incurred and the place where the service is received.	
Applied Behavior Analysis (ABA) for the treatment of Autism Spectrum Disorders	Covered according to the type of benefit incurred and the place where the service is received.	
Basic Infertility Expense Covered medical expenses include charges made by a physician to diagnose and to surgically treat the underlying medical cause of infertility.	Covered according to the type of benefit incurred and the place where the service is received.	
Clinical Trials Expense (Experimental or Investigational Treatment) Includes charges made by a provider for experimental or investigational drugs, devices, treatments or procedures "under an approved clinical trial" only when a covered person has cancer or a terminal illness.	Covered according to the type of benefit incurred and the place where the service is received.	
Clinical Trials Expense Routine Patient Costs Covered Percentage Includes charges made by a provider for "routine patient costs" furnished in connection with a covered person's participation in an "approved clinical trial" for cancer or other life-threatening disease or condition, as those terms are defined in the federal Public Health Service Act, Section 2709.	Covered according to the type of benefit incurred and the place where the service is received.	
<ul> <li>Gender Reassignment (Sex Change) Treatment Expense</li> <li>Includes charges made in connection with a medically necessary gender reassignment surgery (sometimes called sex change surgery) as long the covered student or their covered dependent has obtained pre-certification from Aetna.</li> <li>Covered medical expenses include:         <ul> <li>Charges made by a physician for:</li></ul></li></ul>	Covered according to the type of benefit incurred and the place where the service is received.	

ADDITIONAL BENEFITS (continued)	Preferred Care	Non-Preferred Care
Gender Reassignment (Sex Change) Treatment Expense (continued)	Covered according to the type of benefit	
<ul> <li>Charges for outpatient diagnostic laboratory and x-rays.</li> <li>Charges for blood transfusion and the cost of unreplaced blood and blood products.</li> <li>Charges made by a behavioral health provider for gender reassignment counseling.</li> <li>No benefits will be paid for covered medical expenses under this</li> </ul>	incurred and the place where the service is received.	
benefit unless they have been pre-certified by Aetna. Refer to the Pre-certification section for more information.		
Lead Poisoning Covered expenses include charge for testing pregnant women for lead poisoning and for all testing for lead poisoning.	Covered according to the type of benefit incurred and the place where the service is received.	
Cancer Coverage-Second Opinion Covered medical expenses include charges for a second opinion rendered by a specialist in that specific cancer diagnosis area when newly diagnosed.	Covered according to the type of benefit incurred and the place where the service is received.	
Early Intervention Services Early Intervention Services are covered even though they may not be in connection with treatment of an injury or disease. They are covered only for: a dependent child from birth to 3 years of age, who is identified by the Part C early intervention system as eligible for services under Part C of the Individuals with Disabilities Education Act, as amended. A covered person must submit proof of such identification.	Covered according to the type of benefit incurred and the place where the service is received.	
These are services, provided as part of an active individualized family service plan that enhances functional ability without effecting care. They include, but are not limited to, speech and language therapy, occupational therapy, physical therapy and assistive technology devices.		
Chiropractic Treatment Expense Includes charges made by a physician on an outpatient basis for manipulative (adjustive) treatment or other physical treatment for conditions caused by (or related to) biomechanical or nerve conduction disorders of the spine.	80% of the Negotiated Charge	50% of the Recognized Charge

#### SHORT-TERM CARDIAC AND PULMONARY REHABILITATION THERAPY SERVICES EXPENSE

Inpatient rehabilitation benefits for the services listed will be paid as part of the Hospital Expense and Skilled Nursing Facility Expense benefits.

#### **Cardiac Rehabilitation Benefits.**

Cardiac rehabilitation benefits received at a hospital, skilled nursing facility, or physician's office. This Plan will cover charges in accordance with a treatment plan as determined by a covered person's risk level when recommended by a physician.

#### **Pulmonary Rehabilitation Benefits**

Pulmonary rehabilitation benefits are available as part of an inpatient hospital stay. A limited course of outpatient pulmonary rehabilitation is covered for the treatment of reversible pulmonary disease states.

SHORT-TERM CARDIAC AND PULMONARY REHABILITATION THERAPY SERVICES EXPENSE (continued)	Preferred Care	Non-Preferred Care
Cardiac Rehabilitation	80% of the Negotiated Charge	50% of the Recognized Charge
Pulmonary Rehabilitation	80% of the Negotiated Charge	50% of the Recognized Charge

#### SHORT-TERM REHABILITATION EXPENSE

Includes charges for short-term rehabilitation services, as described below, when prescribed by a physician. Short-term rehabilitation services must follow a specific treatment plan that:

- Details the treatment, and specifies frequency and duration;
- Provides for ongoing reviews and is renewed only if continued therapy is appropriate; and
- Allows therapy services, provided in a covered person's home, if the covered person is homebound. Inpatient rehabilitation benefits for the services listed will be paid as part of the inpatient hospital and skilled nursing facility benefits.

Short-Term Rehabilitation Expense Outpatient Physical and	80% of the	50% of the	
Occupational Rehabilitation and Habilitation Therapy Services	Negotiated Charge	Recognized Charge	
(combined)			
Speech and Hearing Disorders	Covered according to the type of benefit		
Includes medically necessary care and treatment to identify, assess,	incurred and the plac	incurred and the place where the service is	
diagnose and consult about the need for treatment and to evaluate	received.		
and monitor the effectiveness of treatment whether by instrumental,			
perceptional, or standard procedures as well as the provision of			
treatment of communicative disorders as included in the definition of			
Loss or Impairment of Speech or Hearing.			
Biofeedback	Covered according t	o the type of benefit	
Covered medical expenses include biofeedback when provided by an	incurred and the plac	e where the service is	
eligible practitioner.	received.		
HEARING AIDS	Preferred Care	Non-Preferred Care	
Hearing Aid Expenses	80% of the	50% of the	
Covered medical expenses for hearing care includes charges for	Negotiated Charge	Recognized Charge	
prescribed hearing aids and hearing aid expenses.			
Covered medical expenses for hearing aids will not include per 12			
consecutive month period:			
Charges for more than one hearing aid per ear			
Cochlear Implants	80% of the	50% of the	
	Negotiated Charge	Recognized Charge	
TREATMENT OF MENTAL DISORDER EXPENSE	Preferred Care	Non-Preferred Care	
Inpatient Mental Health Expense	Aftera \$200 Copay	50% of the	
Covered medical expenses include charges made by a hospital,	peradmission, 80%	Recognized Charge	
psychiatric hospital, residential treatment facility, physician or	of the Negotiated		
behavioral health provider for the treatment of mental disorders for	Charge		
Inpatient room and board at the semi-private room rate, and other			
services and supplies related to a covered person's condition that are			
provided during a covered person's stay in a hospital, psychiatric			
hospital, or residential treatment facility.			

TREATMENT OF MENTAL DISORDER EXPENSE (continued)	Preferred Care	Non-Preferred Care
Outpatient Mental Health Expense	After a \$20 Copay per visit, 80% of the Negotiated Charge	50% of the Recognized Charge
Outpatient Mental Health Partial Hospitalization Expense	After a \$200 Copay per admission, 80% of the Negotiated Charge	50% of the Recognized Charge
ALCOHOLISM AND DRUG ADDICTION TREATMENT	Preferred Care	Non-Preferred Care
Inpatient Substance Abuse Treatment Covered medical expenses include charges made by a hospital, psychiatric hospital, residential treatment facility, physician or behavioral health provider for the treatment of mental disorders for Inpatient room and board at the semi-private room rate, and other services and supplies related to a covered person's condition that are provided during a covered person's stay in a hospital, psychiatric hospital, or residential treatment facility.	Aftera \$200 Copay peradmission, 80% of the Negotiated Charge	50% of the Recognized Charge
Outpatient Substance Abuse Treatment	After a \$20 Copay per visit, 80% of the Negotiated Charge	50% of the Recognized Charge
TRANSPLANT SERVICE EXPENSE	Preferred Care	Non-Preferred Care
Transplant Services Expense  Benefits may vary if an Institute of Excellence™ (IOE) facility or non-IOE or non-preferred care provider is used. Through the IOE network, the covered person will have access to a provider network that specializes in transplants. In addition, some expenses listed below are payable only within the IOE network. The IOE facility must be specifically approved and designated by Aetna to perform the procedure the covered person requires. Each facility in the IOE network has been selected to perform only certain types of transplants, based on quality of care and successful clinical outcomes.	incurred and the place rece	o the type of benefit e where the service is ived.
<b>Transplant Travel and Lodging Expense</b> The plan will reimburse a covered person for some of the cost of their travel and lodging expenses.	\$10,000 benefit limit per transplant	
Maximum Benefit for donor searches for bone marrow/ stem cell transplants for a covered Transplant procedure	\$30,000 per transplant	
Maximum Benefit for Dose intensive chemotherapy/autologous bone marrow transplants for stem cell transplants for breast cancer treatment incurred while covered under any Aetna or Aetna- affiliated plan	\$100,000 pe	er transplant
Human Leukocyte Antigen Testing for A, B and DR Antigens	incurred and the place	o the type of benefit e where the service is ived.

DEDIATRIC DENITAL CERVICES EVDENCE		
PEDIATRIC DENTAL SERVICES EXPENSE  (Coverage is limited to covered persons until the end of the month	Preferred Care	Non-Preferred Care
in which the covered person turns 19.)	Preferred Care	Non-Preferred Care
Type A Expense (Pediatric Routine Dental Exam Expense)	100% of the	70% of the
1 visit every 6 months	Negotiated Charge*	Recognized Charge
·		
Type B Expense (Pediatric Basic Dental Care Expense)	70% of the	50% of the
	Negotiated Charge*	Recognized Charge
Type C Expense (Pediatric Major Dental Care Expense)	50% of the	50% of the
	Negotiated Charge*	Recognized Charge
Pediatric Orthodontia Expense	50% of the	50% of the
Orthodontics	Negotiated Charge*	Recognized Charge
Medically necessary comprehensive treatment		
<ul> <li>Replacement of retainer (limit one per lifetime).</li> </ul>		
PEDIATRIC ROUTINE VISION		
(Coverage is limited to covered persons until the end of the month	<b>Preferred Care</b>	Non-Preferred Care
in which the covered person turns 19.)		
Pediatric Routine Vision Exams (including refractions)	100% of the	70% of the
Includes charges made by a legally qualified ophthalmologist or	Negotiated Charge*	Recognized Charge
optometrist for a routine vision exam. The exam will include		
refraction & glaucoma testing.		
Pediatric Visit for the fitting of prescription contact lenses, Pediatric	100% of the	70% of the
Eyeglass Frames, Prescription Lenses or Prescription Contact Lenses	Negotiated Charge *	Recognized Charge
Includes charges for the following vision care services and supplies:		
• Office visits to an ophthalmologist, optometrist or optician related to the fitting of prescription contact lenses.		
• Eyeglass frames, prescription lenses or prescription contact lenses		
provided by a vision provider who is a preferred care provider.		
• Eyeglass frames, prescription lenses or prescription contact lenses		
provided by a vision provider who is a non-preferred care provider.		
Coverage includes charges incurred for:		
• Non-conventional prescription contact lenses that are required to		
correct visual acuity to 20/40 or better in the better eye and that		
correction cannot be obtained with conventional lenses. Aphakic		
prescription lenses prescribed after cataract surgery has been		
performed.		
As to coverage for prescription lenses in a policy year, this benefit will		
cover either prescription lenses for eyeglass frames or prescription		
contact lenses, but not both.		
E-VISITS AND TELEMEDICINE CONSULTATIONS		
Important Note: The cost-share for E-Visit or telemedicine services will be no greater than a face-to-face visit with a provider in the same	Preferred Care	Non-Preferred Care
setting.		
Specialist E-Visit or Telemedicine Consultation and Non-Specialist E-	Aftera \$20 Copay	50% of the
Visit or Telemedicine Consultation	pervisit, 80% of the	Recognized Charge
Covered expenses include charges made by a covered person's	Negotiated Charge	necognized charge
physician or PCP for a routine, non-emergency, medical consultation.	Sociated citaige	
physician of the a routine, non-emergency, medical consultation.	l	1

E-VISITS AND TELEMEDICINE CONSULTATIONS (continued)	Preferred Care	Non-Preferred Care
Specialist E-Visit or Telemedicine Consultation and Non-Specialist E-	Aftera \$20 Copay	50% of the
Visit or Telemedicine Consultation (continued)	pervisit, 80% of the	Recognized Charge
A covered person may have to register with a web-based internet	Negotiated Charge	
service vendor in order to make an E-visit appointment or participate		
in a telemedicine consultation with his or her provider. Information		
about E-Visit or telemedicine providers may be found online in		
DocFind or on <b>www.aetna.com</b> or by calling the number on his or her		
identification card.		
Limitations:		
Not covered under this plan are charges made for:		
Facsimile transmissions, unsecured electronic mail, or a		
combination thereof;		
Site origination fees.		

# PRESCRIBED MEDICINES EXPENSE

COVERED PERCENTAGE*	Preferred Care	Non-Preferred Care
Preventive Care Drugs and Supplements	•	<u> </u>
Coverage will be subject to any sex, age, medical condition, family history, and frequency guidelines in the		
recommendations of the United States Preventive Services Task Force	<b>).</b>	
Risk Reducing Breast Cancer Prescription Drugs	Refer to the Copay	100% of the
For each 30-day supply filled at a retail pharmacy.	and Deductible Waiver	Recognized Charge
	Provision later in this	
	Schedule of Benefits	
Other preventive care drugs and supplements	100% per supply	100% of the
For each 30-day supply filled at a retail pharmacy.		Recognized Charge
Tobacco Cessation Prescription Drugs and Over-the-Counter Drugs.	Refer to the Copay	100% of the
(for two 90-day treatment regimens only)	and Deductible Waiver	Recognized Charge
	Provision later in this	
	Schedule of Benefits	
CONTRACEPTIVES	Preferred Care	Non-Preferred Care
For each 30-day supply filled at a retail pharmacy.	Refer to the Copay	100% of the
	and Deductible Waiver	Recognized Charge
	Provision later in this	
	Schedule of Benefits	
All other prescription drugs	Preferred Care	Non-Preferred Care
For each 30-day supply filled at a retail pharmacy.	100% of the	100% of the
	Negotiated Charge	Recognized Charge

<sup>\*</sup>The prescription drug plan covered percentage is the percentage of prescription drug covered medical expenses that the plan pays after any applicable deductibles and copays have been met.

Per Prescription Copay/Deductible		
GENERIC PRESCRIPTION DRUGS	Preferred Care	Non-Preferred Care
For each 30-day supply filled at a retail pharmacy.	\$15 Copay persupply	\$15 Deductible per supply
PREFERRED BRAND-NAME PRESCRIPTION DRUGS	Preferred Care	Non-Preferred Care
For each 30-day supply filled at a retail pharmacy.	\$35 Copay persupply	\$35 Deductible per supply
NON-PREFERRED BRAND-NAME PRESCRIPTION DRUGS	Preferred Care	Non-Preferred Care
For each 30-day supply filled at a retail pharmacy.	\$50 Copay persupply	\$50 Deductible per supply
Orally Administered Anti-Cancer Prescription Drugs (including Chemotherapy Drugs)	Payable on the same basis as covered cancer chemotherapy medications that are administered intravenously or by injection.	

A covered person, a covered person's designee or a covered person's prescriber may seek an expedited medical exception process to obtain coverage for non-covered drugs in exigent circumstances. An "exigent circumstance" exists when a covered person is suffering from a health condition that may seriously jeopardize a covered person's life, health, or ability to regain maximum function or when a covered person is undergoing a current course of treatment using a non-formulary drug.

The request for an expedited review of an exigent circumstance may be submitted by contacting Aetna's *Precertification Department* at **1-855-240-0535**, faxing the request to **1-877-269-9916** or submitting the request in writing to:

CVS Health ATTN: Aetna PA 1300 E Campbell Road Richardson, TX 75081.

Aetna will make a coverage determination within 24 hours after receipt of the request and will notify the covered person, the covered person's designee or the covered person's prescriber of Aetna's decision.

# **Copay and Deductible Waiver**

#### **Waiver for Risk-Reducing Breast Cancer Prescription Drugs**

The per prescription copay/deductible and policy year deductible will not apply to risk-reducing breast cancer generic, prescription drugs when obtained at a preferred care pharmacy. This means that such risk-reducing breast cancer generic prescription drugs will be paid at 100%.

#### **Waiver for Prescription Drug Contraceptives**

The per prescription copay/deductible and policy year deductible will not apply to:

- Female contraceptives that are:
  - o Oral prescription drugs that are generic prescription drugs.
  - o Injectable prescription drugs that are generic prescription drugs.
  - Vaginal ring prescription drugs that are generic prescription drugs, brand-name prescription drugs and biosimilar prescription drugs.

- Transdermal contraceptive patch prescription drugs that are generic prescription drugs, brand-name prescription drugs, and biosimilar prescription drugs.
- Female contraceptive devices.
- FDA-approved female:
  - o generic emergency contraceptives; and
  - o generic over-the-counter (OTC) emergency contraceptives.

when obtained at a preferred care pharmacy. This means that such contraceptive methods will be paid at 100%. The per prescription copay/deductible and policy year deductible continue to apply:

- When the contraceptive methods listed above are obtained at a non-preferred pharmacy.
- To female contraceptives that are:
  - o Oral prescription drugs that are brand-name prescription drugs and biosimilar prescription drugs.
  - o Injectable prescription drugs that are brand-name prescription drugs and biosimilar prescription drugs.
- To female contraceptive devices that are brand-name devices.
- To FDA-approved female:
  - o brand-name and biosimilar emergency contraceptives; and
  - o brand-name over-the-counter (OTC) emergency contraceptives.
- To FDA-approved female brand-name over-the-counter (OTC) contraceptives.
- To FDA-approved male brand-name over-the-counter (OTC) contraceptives.

However, the per prescription copay/deductible and policy year deductible will not apply to such contraceptive methods if:

- A generic equivalent, biosimilar or generical ternative, within the same the rapeutic drug class is not available; or
- A covered person is granted a medical exception; or
- A physician specifies "Dispense as Written" (DAW).

A covered person's prescriber may seek a medical exception by submitting a request to Aetna's Pre-certification Department. Any waiver granted as a result of a medical exception shall be based upon an individual, case by case medically necessary determination and coverage will not apply or extend to other covered persons.

#### **Exclusions**

This Plan does not cover nor provide benefits for:

- 1. Expense incurred for dental treatment, services and supplies except for those resulting from injury to sound natural teeth or for extraction of impacted wisdom teeth and those as specially covered under the Policy.
- 2. Expense incurred for services normally provided without charge by the Policyholder's school health services; infirmary or hospital; or by health care providers employed by the Policyholder.
- 3. Expense incurred as a result of injury due to participation in a riot. "Participation in a riot" means taking part in a riot in any way; including inciting the riot or conspiring to incite it. It does not include actions taken in self defense; so long as they are not taken against persons who are trying to restore law and order.
- 4. Expense incurred as a result of an accident occurring in consequence of riding as a passenger or otherwise in any vehicle or device for aerial navigation; except as a fare paying passenger in an aircraft operated by a scheduled airline maintaining regular published schedules on a regularly established route.
- 5. Expense incurred as a result of an injury or sickness due to working for wage or profit or for which benefits are payable under any Workers' Compensation or Occupational Disease Law.
- 6. Expense incurred as a result of an injury sustained or sickness contracted while in the service of the Armed Forces of any country. Upon the covered person entering the Armed Forces of any country; the unearned pro rata premium will be refunded to the Policyholder.
- 7. Expense incurred for treatment provided in a governmental hospital unless there is a legal or regulatory obligation to pay such charges in the absence of insurance.
- 8. Expense incurred for elective treatment or elective surgery except as specifically covered under the Policy and provided while the Policy is in effect.
- 9. Expense incurred for cosmetic surgery; reconstructive surgery; or other services and supplies which improve; alter; or enhance appearance; whether or not for psychological or emotional reasons; except to the extent needed to: Improve the function of a part of the body that: is not a tooth or structure that supports the teeth; and is malformed: as a result of a severe birth defect; including harelip; webbed fingers; or toes; or as direct result of: disease; or surgery performed to treat a disease or injury. Repair an injury (including reconstructive surgery for prosthetic device for a covered person who has undergone a mastectomy;) which occurs while the covered person is covered under the Policy. Surgery must be performed:
  - in the policy year of the accident which causes the injury; or
  - in the next policy year.
- 10. Expense incurred for voluntary or elective abortions unless to save the life of the mother.
- 11. Expense incurred after the date insurance terminates for a covered person except as may be specifically provided in the Extension of Benefits provision.
- 12. Expense incurred for injury resulting from the plan or practice of collegiate or intercollegiate sports including collegiate or intercollegiate club sports and intramurals.
- 13. Expense incurred for the male or female reversal of voluntary sterilizations, including related follow-up care and treatment of complications of such procedures.

- 14. Expense incurred for which no member of the covered person's immediate family has any legal obligation for payment.
- 15. Expense incurred for custodial care.
- 16. Expense incurred for the removal of an organ from a covered person for the purpose of donating or selling the organ to any person or organization except as specifically covered in the Policy. This limitation does not apply to a donation by a covered person to a spouse; child; brother; sister; or parent.
- 17. Expense incurred for, or in connection with, drugs, devices, procedures, or treatments that are, as determined by Aetna to be, experimental or investigational except as specifically covered under the Policy.
- 18. Expenses incurred for gastric bypass; and any restrictive procedures; for weight loss except screening and counseling services specifically covered under the Policy.
- 19. Expenses incurred for breast reduction/mammoplasty.
- 20. Expenses incurred for gynecomastia (male breasts).
- 21. Expenses incurred for any sinus surgery; except for acute purulent sinusitis.
- 22. Expense incurred by a covered person; not a United States citizen; for services performed within the covered person's home country; if the covered person's home country has a socialized medicine program.
- 23. Expense incurred for acupuncture except as specifically covered under the Policy.
- 24. Expense incurred for alternative; holistic medicine; and/or therapy; including but not limited to; yoga and hypnotherapy unless specifically covered under the Policy.
- 25. Expense for injuries sustained as the result of a motor vehicle accident; to the extent that benefits are payable under other valid and collectible insurance; whether or not claim is made for such benefits. The Policy will only pay for those losses; which are not payable under the automobile medical payment insurance Policy.
- 26. Expense incurred when the person or individual is acting beyond the scope of his/her/its legal authority.
- 27. Expense incurred for hearing exams, hearing aids; the fitting; or prescription of hearing aids except as specifically covered under the Policy. Not covered are:
  - Any hearing service or supply that does not meet professionally accepted standards;
  - Hearing exams given during a stay in a hospital or other facility;
  - Any tests, appliances, and devices for the improvement of hearing, including aids, hearing aids and amplifiers, or to enhance other forms of communication to compensate for hearing loss or devices that simulate speech;
  - Routine hearing exams, except for routine hearing screenings as specifically described under Preventive Care Benefits.
- 28. Expense for charges for failure to keep a scheduled visit; or charges for completion of a claim form.
- 29. Expense for personal hygiene and convenience items; such as air conditioners; humidifiers; hot tubs; whirlpools; or physical exercise equipment; even if such items are prescribed by a physician.
- 30. Expense for incidental surgeries; and standby charges of a physician.

- 31. Expense for services and supplies for or related to gamete intrafallopian transfer; artificial insemination; in-vitro fertilization (except as required by the state law); or embryo transfer procedures; male elective sterilization; male or female elective sterilization reversal; unless specifically covered in the Policy. Elective abortion is specifically excluded from this policy.
- 32. Expense incurred for non-preferred care charges that are not recognized charges.
- 33. Expense for treatment of covered students who specialize in the mental health care field; and who receive treatment as a part of their training in that field.
- 34. Expense incurred for routine physical exams, routine eye exams, routine dental exams, routine hearing exams and other preventive services and supplies, except as specifically covered in the Policy.
- 35. Expense incurred for a treatment; service; prescription drug, or supply; which is not medically necessary; as determined by Aetna; for the diagnosis, care, or treatment of the sickness or injury involved, the restoration of physiological functions, or covered preventive services. This includes behavioral health services that are not primarily aimed at treatment of sickness, injury, restoration of physiological functions or that do not have a physiological or organic basis. This applies even if they are prescribed; recommended; or approved; by the person's attending physician, dentist, or vision provider.
- 36. Expenses incurred for vision-related services and supplies, except as specifically covered in the Policy. In addition, the plan does not cover:
  - Special supplies such as non-prescription sunglasses;
  - Vision service or supply which does not meet professionally accepted standards;
  - Special vision procedures, such as orthoptics or vision training;
  - Eye exams during a stay in a hospital or other facility for health care;
  - Eyeglasses or duplicate or spare eyeglasses or lenses or frames;
  - Replacement of lenses or frames that are lost or stolen or broken;
  - Acuity tests; and
  - Eye surgery for the correction of vision, including radial keratotomy, LASIK and similar procedures;
  - Services to treat errors of refraction.
- 37. Nursing and home health aide services or therapeutic support services provided outside of the home (such as in conjunction with school, vacation, work or recreational activities).
- 38. Expense incurred in relation to genetics: Except as specifically covered in the Policy, the plan does not cover any treatment, device, drug, service or supply to alter the body's genes, genetic make-up, or the expression of the body's genes except for the correction of congenital birth defects.
- 39. Expense incurred for therapies and tests: Any of the following treatments or procedures including but not limited to:
  - Aromatherapy;
  - Bioenergetictherapy;
  - Carbon dioxide therapy;
  - Chelation therapy (except for heavy metal poisoning);
  - Computer-aided tomography (CAT) scanning of the entire body;
  - Educational therapy, except for treatment of Autism Spectrum Disorders;
  - Gastric irrigation;
  - Hair analysis;

- Hyperbaric therapy, except for the treatment of decompression or to promote healing of wounds;
- Hypnosis, and hypnotherapy, except when performed by a physician as a form of anesthesia in connection with covered surgery;
- Massage therapy;
- Megavitamin therapy;
- Primal therapy;
- Psychodrama;
- Purging;
- Recreational therapy;
- Rolfing;
- Sensory or auditory integration therapy;
- Sleep therapy;
- Thermograms and thermography except for computer-aided tomography (CAT) scanning of the entire body and full body CT scans that are covered under the Diagnostic Complex Imaging benefit.
- 40. Expenses incurred for dental services and supplies that are covered in whole or in part under any other part of this plan.
- 41. Expenses incurred for orthodontic treatment except as specifically covered in the Policy.
- 42. Expenses incurred for routine dental exams and other preventive services and supplies, except as specifically covered in the Policy.
- 43. Expense incurred for any non-emergency charges incurred outside of the United States except for those services that are covered under this plan. Additionally, expenses incurred outside of the United States: 1) If a covered person traveled to such location to obtain prescription drugs, or supplies, even if otherwise covered under the Policy, or 2) such drugs or supplies are unavailable or illegal in the United States, or 3) the purchase of such prescription drugs or supplies outside the United States is considered illegal.

Any exclusion above will not apply to the extent that coverage of the charges is required under any law that applies to the coverage.

The University of Missouri System Student Health Insurance Plan is underwritten by Aetna Life Insurance Company. Aetna Student Health<sup>SM</sup> is the brand name for products and services provided by Aetna Life Insurance Company and its applicable affiliated companies (Aetna).

#### **IMPORTANT NOTICES:**

#### Sanctioned Countries:

If payment for any claim under this Certificate violates or will violate any economic or trade sanctions, the claim will not be paid. Your coverage will continue under this Certificate; however you will be responsible for the entire claim. For example, Aetna companies cannot make payments for health care or other claims or services if it violates a financial sanction regulation. This includes sanctions related to a blocked person or a country under sanction by the United States, unless permitted under a written Office of Foreign Asset Control (OFAC) license.

For more information, visit <a href="http://www.treasury.gov/resource-center/sanctions/Pages/default.aspx">http://www.treasury.gov/resource-center/sanctions/Pages/default.aspx</a>.